

Translation of parts of the Research article:

'Can you treat Diabetes with Ionised antioxidant water?

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In **control group no 2**, in which ionized alkaline water was consumed, there were significant changes to the symptoms present: Within 6-7days, symptoms of thirst, dry mouth, and lack of energy was reduced. After 10 -14 days, there was a reduction of pain and lack of energy in muscles noticeable.

Diabetes Type 2 patients noticed a Blood sugar reduction by 25.7%.
Diabetes Type 1 patients, achieved a major reduction of blood sugar levels within 2 weeks, a 33.2%.

The other control groups, that did not consume ionized alkaline water did not experience any improvements.

Type 2: Lowering of the HbA1c levels from 9.2% to 7.2% and stable around 7.9%, lowering the risk of blindness by 45%

Type 1: Lowering of the HbA1c levels from 7.9% to 6.8% and stable around 7.9%, lowering the risk of blindness by 45%

After consumption of Ionized alkaline water for 4-6 weeks, Type 2 diabetes patients, appreciated a reduction of medication by up to 47%, which maintained itself to levels of average 37 % over the course of 5 months!

The other control groups, that did not consume ionized alkaline water did not experience any possible reductions of medication.

After consumption of Ionized alkaline water for 4-6 weeks, Type 1 diabetes patients, appreciated a reduction of medication by up to 37%, which maintained itself to levels of average 31 % over the course of 4 months!

Further it was noticed that in control group 2, for both groups, diabetes 1 & 2 patients, the Cholestrol levels, Triglyzeride, and LDL levels were reduced, whereas HDL-levels increased, whereas in the other groups, there was no changes noticed.

High blood pressure: in control group 2: out of 50 patients, 18 patients suffered under high blood pressure at the beginning. After consuming ionized alkaline water, 14 of those experienced a significant reduction of their high blood pressure, which made it possible to majorly reduce medication, 6 of those achieved normal levels.

